# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * GOULD JEFFREY	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Perso (Check all a	pplicable)
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month	/Day/Year)	Director	▼ 10% Owner
60 CUTTER MILL ROAD, SUITE 303	01/05/2023		Officer (give title below) SENIOR VICE PRESIDENT	Other (specify below)
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (	Month/Day/Year)	<ul> <li>6. Individual or Joint/Group Filing</li> <li>Form filed by One Reporting P</li> <li>Form filed by More than One B</li> </ul>	erson

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/	2A. Deemed Execution Date, if any (Month/ Day/ Year)	3. Transaction Co (Instr. 8)	de	4. Securities Acquired (Instr. 3, 4 and 5)	(A) or Disposed of	(D)		6. Ownership	7. Nature of Indirect Beneficial Ownership	
	Day/ Year)		Code	V	Amount	(A) or (D)	Price	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)	
Common Stock	01/05/2023		Α		10,670 <sup>(1)</sup>	А	<b>\$</b> 0	372,548.892 <sup>(2)</sup>	D		
Common Stock								14,194 <sup>(3)</sup>	Ι	By Gould Shenfeld Family Foundation	
Common Stock								144 (4)	Ι	By Georgetown Partners LLC	
Common Stock								1,955,948.252 (5)	Ι	By Gould Investors L.P.	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion Date (Month/ Execution Coor or Exercise Day/ Year) Date, if any (Ins	Code Derivative (Instr. 8) Securities				7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Securities	Ownership Form of	Beneficial
	Price of Derivative Security		Year) Code V or Dispose (D)	(Instr. 3, 4,	Date Exercisable	Expiration Date		Amount or Number of Shares	(Instr. 5) Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect	Ownership (Instr. 4)

#### **Explanation of Responses:**

- 1. These shares were issued as restricted stock on January 5, 2023 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the shares vest on or about January 4, 2028.
- 2. Includes shares acquired through issuer's dividend reinvestment plan.
- 3. Reporting person is a director of the Gould Shenfeld Family Foundation.
- 4. These shares are owned by Georgetown Partners LLC. Reporting person is a manager of Georgetown Partners LLC. These shares represent all of the shares of issuer owned by Georgetown Partners LLC.
- 5. These shares are owned by Gould Investors L.P. Reporting person is a manager of Georgetown Partners LLC, the managing general partner of Gould Investors L.P. These shares represent all of the shares of issuer owned by Gould Investors L.P. Includes shares obtained through the issuer's dividend reinvestment plan.

#### **Remarks**:

/s/ Jeffrey A. Gould by Isaac Kalish, his attorney in fact 01/09/2023 \*\*Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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